

## Suggested Reading

Barbara Coloroso, *The Bully, The Bullied, and the Bystander*  
Barbara Coloroso, *Kids Are Worth It!*  
Les Parsons, *Bullied Teacher, Bullied Student*  
Rosalind Wiseman, *Queen Bees and Wannabes*

Michael Gurian, *Boys and Girls Learn Differently.*  
Michael Gurian, *The Boys and Girls Learn Differently Action Guide for Teachers.*

William Pollack, *Real Boys*  
William Pollack, *Real Boys Workbook*

Leonard Sax, *Boys Adrift*

Harriet Lerner, *The Dance of Anger*

Gerald Newmark, *How To Raise Emotionally Healthy Children*

Barbara Strauch, *The Primal Teen*

Adele Faber and Elaine Mazlish, *How To Talk So Kids Will Listen and Listen So Kids Will Talk*  
Adele Faber and Elaine Mazlish, *Siblings Without Rivalry*

Gabor Maté *Scattered Minds*  
Gabor Maté *In The Realm of Hungry Ghosts*

Russell A. Barkley and Christine Benton, *Your Defiant Child*  
Russell A. Barkley and Arthur L. Robin, *Your Defiant Teen*

Elaine Aron, *The Highly Sensitive Person*  
Elaine Aron, *The Highly Sensitive Child*

Mel Levine, *A Mind At A Time*

Edward Hallowell and John Ratey, *Delivered From Distraction.*



[www.apsgo.ca](http://www.apsgo.ca)  
[www.bewebaware.ca](http://www.bewebaware.ca)  
[www.kids-in-mind.com](http://www.kids-in-mind.com)  
[www.allkindsofminds.org](http://www.allkindsofminds.org)

**[www.michaelreist.ca](http://www.michaelreist.ca)**