



**Dufferin Parent Support Network Board of Directors
Meeting Minutes February 4, 2013**

Present: Paula C. (chair) Pat G., (recorder) Barbara H., Phyllis N., Jan P.

Regrets: Kolleen McL., Laura L.

1. Call to Order: 1:10 at DCAFS

2. Approval of Minutes from January 14, 2013

To accept the minutes of the meeting as presented.

i) M/ Paula S/ Barb

3. Strategic Planning:

a) Spring fundraising event- Date of event is April 17th. Committee decided to charge \$10 /adults and free for teens. The topic is about how teens and parents can work together to develop teen self esteem- there is no name yet. Laura working with Kerstie on this.

3. Coordinator's Report:

a) Ask a Parent:

Feb- resolutions (Barb)

March-Healthy Relationships (FTP)

April Mother's Day (Paula)

May-PCMH (Lisa Taylor?, OEYC)

June- Father's Day (Kolleen-to be submitted a week earlier than usual)

b) Workshops-spring workshop finalized & is on website. Guidance teachers and CYC's to be added to distribution lists for future. Positive Parenting from Two Homes had more attended than were registered. Tina has reminded DCAFs that people must register.

c) Website/Social Media-might consider adding testimonials to website to increase length of stay per visit. No meeting yet with No Bul media.

4. Reports

a) Treasurer- Cheque not in yet from the County of Dufferin. A short report on status to Warren Maycock might keep us on the radar for future funding opportunities. It might be helpful to have a formal recognition of our supporters at the annual meeting. Important to maintain strong connections for future funding from all funders. Some discussion as to other options such as Pro grants monies but we have to be cognizant of our capacity to follow through with such requests.

Laura will write a thank you from DPSN to head of the General Government Services Committee. We are in a good financial position right now.

b) Fundraising- Paula & Barb have registered for United Way lunch next week. Upcoming United Way application to be completed- Paula will do.

Most recent audit statement required-this will be a 3 year application.

5. Risk Management: nothing at this time

6. New Business:

- a) Facilitator training proposal- Agreed that we need more trained group facilitators for our workshops. Some discussion going on at DuCK re: Triple P program –more like Magic 123. It was developed as a program for kids with developmental/emotional problems and has broadened to include a preventative approach for all kids. It is “rules” focused. Family Education Centre from Peel will offer training here in Dufferin based on the **Step program**. \$5000 for 10 people from DuCK organizations (½ price of Triple P). This training allows graduates to facilitate other topics. Discussion re how determine interest. Possibly approach staff or experienced parents who have taken workshops themselves (pre-screen to determine who would be willing to do facilitation for us in future).

NB- Triple P does not totally mirror our approach to parenting and though many are following this route, DPSN would prefer to follow the STEP approach as it better reflects our philosophy.

Step uses a variety of resources and is not a one size fits all approach. There are many levels of Triple P and there is a cost for each level, as well as for the resources for each level. The proposal for Parenting Group facilitator training will be presented to DuCK tomorrow. The proposal was reviewed and approved by those in attendance with some small changes to wording in the description of the STEP program. This training would be 2-3 day training sessions to accommodate those who work. PIC is endorsing STEP as well. STEP can be offered in Dufferin. This is helpful for anyone who has not taken a formal course in group dynamics or facilitation etc. Jan shared workshops that PIC is offering that could be put on our website.

Still considering how to offer a workshop during the youth nights at the Alder Street Recreation centre. Next youth night is in May- will have time to give it more thought before then. Jan would help organize if we decide to pursue.

Discuss at next month's meeting.

- b) Social media-Discussion re effectiveness of testimonials on the website. Might attract more visits. There is an opportunity to encourage those who come to the site to provide a testimonial. Consent form for workshops could include spot to give permission to us testimonial

7. Next Meeting: March 4th from 1-3pm

8. Adjournment : 3pm