



MINUTES

Date | time 1/14/2019 1:00 PM |

In Attendance

Present: Laura L (Coordinator), Jan P (Chair), Phyllis N (Treasurer), Nichole M (Co-Chair), Barbara H, Stacey M (recorder), Joan O'B, Rapinder K (Guest speaker)

Regrets: Kolleen M

Approval of Agenda/Minutes

Approval of January Agenda

Motion: Stacey M

Second: Barbara H

**With addition of Art Therapy Overview/Introduction*

Approval of November Minutes

Motion: Barbara H

Second: Joan O'B

Approval of December Minutes

Motion: Jan P

Second: Joan O'B

Art Therapy – Rapinder Kaur

- Rapinder Kaur attended the meeting and presented to the Board with an introduction and an overview of Art Therapy and discussed possible workshops and topics they could offer for parents
- Board discussed the potential workshops and topics to be covered in possible workshop offerings

Coordinator's Report

- Ask a Parent:
 - Magic of Childhood article was published and received a lot of views and comments than other posts.
 - January article will be "Child –Centered Divorce"
 - Looking to publish something about Family Day for February. Board discussed different ideas around this topic.
 - DPSN was asked to put in a Banner ad for the Family First Supplement again. Laura does not have an exact amount for the ad, but it will be a little more than last year's amount. Board motioned and approved an ad with a cost of no more than \$350.00 plus HST.

- Spring Workshops:
 - Positive parenting from Separate Homes; Tina H will co-facilitate with Nichole M on Feb 13 and then Nichole will facilitate them on her own after that
 - Young Parent Support – Tina H recommended this workshop. Board discussed and decided to keep workshops for parents of all ages
 - County of Dufferin can do 12 workshops for us this year; 6 in the spring and 6 in the fall.
 - Kerry's Place has also agreed to facilitate an couple more workshops for us
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20th Anniversary

- Barb White has agreed to help with planning for the 20th Anniversary
 - Barb W, Nichole, Jan and Stacey will meet in February to start to brainstorm ideas
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Treasurer's Report: Phyllis

- Approx. \$30,000 is the current bank balance
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Next Meetings

- Feb. 11
- March 18
- April 8
- May 13
- June 17