



# MINUTES

Date | time 11/11/2019 1:00 PM |

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## In Attendance

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**Present:** Nichole (Acting Chair), Phyllis N (Treasurer), Laura L (Coordinator), Barbara H (Acting Secretary)

**Absent:** Stacey M (Secretary), Jan P (Chair), Amanda P

**Guests:** Karen R-S

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## Approval of Agenda

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Approved, as distributed, with removal of NILD item

Motion: Nichole

Second: Barbara

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## Approval of Minutes from October Meeting

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Motion: Nichole

Second: Phyllis N

The question of a back-up plan for Laura will be on the January agenda

Amanda has been active on the social media file, so Laura will remove the posting from the Volunteer Dufferin job posting website

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## Coordinator's Report

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- Reviewed workshop registration and attendance
- 20<sup>th</sup> anniversary: Parenting Expo
  - April 25 is most feasible date at Westside SS
  - Insurance looks like it would cover this kind of event
- Christmas in the Park: some set up help may be needed on Nov 30 – Dec 1
  - More display items would add to the overall effect. Everyone keep an eye out for suitable items
- United Way/Grant Reporting:
  - Evidence shows that workshops develop parenting knowledge and skills lead to increased resiliency in kids, so this research allows us to project the number of children who benefit from their parent/s participation in a DPSN workshop
  - Anna Vanderlaan, of Public Health, is willing to assist with our evaluation and feedback
- 100 Women Who Care: the next presentation for the 3 agencies which are picked is Nov. 18.
  - In the event DPSN is selected, Laura is not available to represent DPSN, so someone else must be prepared to present if DPSN is chosen
- Year-End Fundraising Idea – suggest donation of \$20 for the 20<sup>th</sup> anniversary
  - Also ask for positive stories from parents who have taken workshops

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## Treasurer's Report

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- Approximately \$28,000 in the bank
- Year end is Dec. 31 – in order to receive a charitable receipt for 2019, donations must be given to Phyllis early in the month.

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## Strategic Planning

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- Handouts from DCMoves' Oct. 24 workshop were circulated, including an extensive Powerpoint presentation
- In order to get the process started, members should identify their top goals and email them to Laura for further discussion in January.
- Recommendation: 3 to 5 goals are sufficient for a plan
- 3 years is a good time span, but revisit annually to adjust, as needed.

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## New Workshop Facilitators

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- We have to be strategic about which workshops to offer
- We already collect input from workshop participants. Additional information about parenting issues in this community could be elicited from service providers.. A survey of DuCK members and front line staff could reach helpful perspectives. Laura will consider how best to implement this.
- Possible new workshops suggested by potential new facilitators
  - Supporting Trans and Gender non-Conforming Children
  - NILD – National Institute for Learning Development – for children and adults with learning disabilities (potential partnership with DPSN)
  - Communicate Your Special Needs to Educational Professionals or How to communicate your needs to the school: consider Lunch and Learn session by DCAFS' consulting psychologist regarding interpreting reports from school or therapists
  - Mental Health wellness strategies

Priorities at this time include the top two or three

Links to other services – FASD resources and the DuCK workshops are posted when appropriate

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## Next Meeting

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- December 16 (5:00 PM at Mill Creek Pub –to be confirmed)