



**Dufferin Parent Support Network Board of Directors
Meeting Minutes, January 10, 2011**

Present: Phyllis Noce, Joan O'Brien-Curtin, Pat Gardner, Kolleen McIlveen, Paula Conning, Barbara Horvath, Florence Martin, Kally Nicholson

1) **Call to Order:** 3:10 at DCAFS

2) **Minutes**

To accept the minutes of the December 13th, 2010 meeting as presented.

i) M/ Paula S/ Phyllis

To accept the minutes of the December 22nd, 2010 meeting as presented.

ii) M/ Pat S/ Florence

3) **Strategic Plan**

A. Spring Schedule: no new plans have been confirmed since December.

- o DCAFS – CMH wants to start their Separating Parents series in Feb, rather than wait til after March Break when the other DPSN courses start. This only affects the promotion of their full series in the flyer distributed in Dufferin schools. Other comprehensive publicity can be done prior to March Break.
- o FTP: Emotional Wellness/Anger's Bubble does not really address the participants' expectations of an anger management course. We must clarify that DPSN courses are not clinically-based; we do want to offer something at a more preventative level, offered with a parenting component. Joan will contact the John Howard Society to ask if they could offer such a workshop.

B. Spring Fundraising Event: Joan has not found a suitable speaker. Information from Dick O'Brien (suggested by Trellis) indicates he speaks about resilience, not anxiety. We will all continue to seek a suitable speaker about children's anxiety: how parents can identify signs and assist their children in lowering their levels of anxiety. Kolleen will talk with contacts at Peel Family Education.

C. Newspaper columns: Tina is finishing the January column

- o February: Paula - community resources for families
- o March: Kally – kids have stress too
- o April: if we find a speaker about children's anxiety, the column can be the same topic

4) **Coordinator Report-** Joan distributed report

- o The DuCK workshop insert will be paid for by DuCK
- o DCYF: We agree to sponsor the application to CIBC for sponsorship funding.
- o Headwaters Community Liaison Group: Joan receives the agendas of their meetings, but not the minutes. The Group will discuss its strategic plan at the next meeting. Paula will look at their survey to ensure we have any input that is relevant to their questions. In the future, Joan will include her review of their agendas in her monthly reports.
- o Dufferin Diversity Committee: Kolleen will plan to attend the Feb. 9th meeting, representing DPSN.

5) **Reports**

A. Treasurer: Phyllis

- o We have received the \$10,080 from the Dufferin Not-for-Profit grant
- o The United Way grant of \$5,000 has not yet arrived.
- o Auditor: Due to a change in designation of our former auditor, a new arrangement will be needed within a year. Phyllis will talk to his partner to enquire whether he would be willing to do our audit, as a charitable contribution. Other Board members should explore their contacts.

B. Fundraising: Paula

- o Paula described the Healthy Communities Grant process (Ministry of Health Promotion). It is a partnership approach, also requiring matching contributions of cash and in-kind services. It would benefit DPSN in strengthening our position as the provider of parenting programs for parents of school-aged children, but challenges include the timelines, number of independent facilitators required for our project, the extensive evaluation process and the financial management.
- o After discussion, a decision was reached to not apply for this year's process, but to consider a future application, depending on our conclusions during the Visioning Session.

6. Visioning Session: Feb. 7, 4:30 at the Village Coffee House

Kolleen will prepare some materials and distribute them prior to the 7th.

7. Announcements:

- o Play in the Park is happening this Saturday, Jan. 15, from 12:00 to 2:00
- o DPSN Policy: Information Sharing. Barbara provided copies of this policy which we approved in April, 2009, but never distributed. This should be added to everyone's Board Binder and a comprehensive list of policies will be provided.

8. **Resignation:** Paula Conning submitted her written resignation from the Board, effective January 20, 2011.

9. **Dufferin School Council:** Joan suggested that a parent-volunteer would be more acceptable to the other members of the Council, since she is currently the only non-parent of a Dufferin student who attends the meetings. Kolleen will plan to attend future meetings when her schedule allows.

Next meetings: Feb. 7 at 4:30; Feb. 14 at 3:00; March 7; April 11; May 9; June 13 (all at 3:00).