



# MINUTES

*Date | time 5/11/2015 1:15 PM | Meeting called to order by Jan P*

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## In Attendance

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Kolleen M,(chair) Jan P (co-chair), Phyllis N (Treasurer) (Joan O'B C, recorder), Laura L (Coordinator), Barbara H, Stacey M (volunteer)

**Regrets:** Barb W (volunteer) Shirley M (volunteer)

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## Approval of Agenda

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Motion: Kolleen M

Second: Barbara H

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## Approval of Minutes from April 2015, with a minor change

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With the addition of regrets from Barbara Horvath.

Motion: Jan P

Second: Phyllis N

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## Coordinator's Report

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A. 'Ask a Parent' Newspaper Column:

- i. The Orangeville Banner continues to not publish our column despite telling us to email it to them. Laura will now approach the Editor of The Orangeville Citizen to see if they will start running our monthly columns instead. Until then we will continue to email our columns to The Orangeville Banner. Laura will also continue to create an electronic newsletter which will include the article written by Melanie Grimes for our May 'Ask a Parent' article on 'Healthy Eating' covering the summer months.

B. DuCK:

- i. The DuCK Parenting Sub- Committee is actively brainstorming ideas leaning toward the possibility of adopting the Triple P parenting education. As a board, we have concerns that the Triple P approach is not consistent with our DPSN Adlor positive parenting education approach which is taught at our offering of free parenting workshops. If Triple P is adopted then we need to determine what we, as a board, can effectively do to get our message across to the parents in our community. We brainstormed ideas and came up with a list of ideas on how we can work with and support other organizations who share our parenting philosophy.

- ii. We encourage parents to learn to understand their children's behavior, get to the root problem of why they are struggling and determine what skills the child is lacking. Our parenting education approach is consistent to what is taught by Dr. Ross Green.

#### Up-Coming Workshops:

- a) Lined up are two with Kerry's Place; Getting Ready for Camp and Grandparent Connection.
  - b) Amaranth Lions Club has approached us to see if we can work with them on organizing a community workshop/demonstration with other community organizations such as Kerry's Place, CNIB and Hearing Impaired Association to help promote their 'Service Dogs' program. The program matches people with a particular disability with a dog who has been trained to address their specific needs. We are happy to work on this project with them as it is keeping with what we do in our community. Laura will contact them to learn how we can help.
  - c) Sex Ed Fall Workshop – Stacey was unsuccessful at finding a facilitator for this fall workshop. We will ask Barb White to see if she can line someone up from UGDSB to facilitate a fall DPSN workshop on this topic since we want the info to be consistent to what is being taught at our schools.
  - d) Healthy Eating Workshop – Laura will approach Melanie Grimes to see if she wants to create and facilitate a workshop in the fall.
  - e) It was suggested that we find someone who will facilitate a workshop on both Child's Anger Management and Children's Anxiety.
1. We need to come up with a topic and facilitator for a 'Special Fall Presentation'. Bring suggestions and ideas to our June meeting as we need to book the speaker now for the fall. Laura will look into asking a parenting expert she knows as a possible fall presenter.

#### Results of Alyson Schafer:

- a) 120 attended with 83 evaluation forms collected. \$196.62 raised with Scotiabank to match.
- b) Laura to mail thank you cards to both sponsors.

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### Fundraising Opportunities and Events

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- a) PARENTING REACHING OUT (PRO GRANT) – This grant deadline is May 19<sup>th</sup>. The board approved the budget presented for the 4 fall and spring parenting support workshops that was discussed at our last meeting. Jan and Laura will work on filling in the application for this grant. Kolleen M offered to facilitate some of these workshops but cannot offer her services free of charge. She does not want to create a 'conflict of interest' concern for the organization.
- b) In order to have a standard event check list, Jan will modify the Jungle Oasis event list giving us a tool to help organize the details for all future events.
- c) Joan O will attend the All-Agency United Way 'Toward Common Ground' meeting on May 13<sup>th</sup> in Guelph.
- d) AGM MEETING –
  - Laura will write up the script for our AGM proceedings and have available for June.
  - Laura will send special invitations to our DPSN facilitators for this meeting.
  - Phyllis will invite Catherine Campbell.
  - Laura added 'RSVP' to our Orangeville Banner ad and we will supply refreshments.

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## Strategic Planning

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- Discussion on consider how to build into the plan focused efforts to promote DPSN's positive parenting philosophy."
- Other Strategic Plan discussions – to be postponed until our June meeting.

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## Business Arising

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2. We had another small discussion about succession planning and all agreed that we continue to have an important role in our community.

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## Treasurer's Report

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Phyllis reported having a bank balance of \$18,000.00. Catherine Campbell, our auditor, has picked up our books today. We also have a small amount of money on the books that have been dedicated to support ADHD and ASD. Jan will approach our local Support Group to see if we can help them with something such as books. Phyllis will purchase a hanging basket of flowers as a token gift for Catherine.

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## Nexr Meetings

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June 1- this will be our regular and AGM meeting and we will break for the summer. We will bring food items.